B2-C1 ENGLISH LISTENING WORKSHEET

Long-Lost Sisters Reunited at a Softball Game

18 November 2026

This Morning - An extraordinary reunion between adopted sisters (5:56)

Two young women discover they are biological sisters while playing for opposing softball teams. Their lively interview reveals an extraordinary coincidence, emotional reactions and unexpected similarities - with natural American speech, strong regional British accents, rapid exchanges and spontaneous reactions.

Before your lesson: Watch the video without captions, then replay difficult sections. Write brief answers in the spaces below and use the transcript on pages 5-6 to check your listening afterwards. Complete the vocabulary tasks and prepare to discuss the wider issues.

Watch the original This Morning video on YouTube

Listening Comprehension

Answer in your own words. Listen for chronology, contrasting viewpoints and implied meaning.

No.	Listening question and answer space
1.	What unusual encounter brought the sisters together, and what first caught the teammate's attention?
2.	What did both young women already know about their adoption, and what did Samantha know about her other siblings?
3.	Which two details helped Samantha suspect that the girl on the opposing team might be her sister?
4.	Why could Samantha not confirm the discovery immediately, and how was the connection established?
5.	Who won the softball game, and how did Kyann describe learning the truth?
6.	Besides softball, what similarities have they noticed, and how do these affect their relationship?
7.	How did their brother become involved in their reunion after the original match?
8.	How are the sisters keeping in touch, and what is still undecided about their next meeting?
9.	What does each sister particularly value about having the other in her life?
10.	Which film do the presenters mention, what joke do they make about a sequel, and what do they encourage the sisters to do?

Phrase Match

Match each exact expression heard in the interview (1-10) to its meaning (A-J).

Expressions (1-10)	Meanings (A-J)
1. It turned out	**A.** not far apart in age
2. Shut the front door	**B.** return to an earlier point in the story
3. go back in time	**C.** spending relaxed social time together
4. made contact with	**D.** having a friendly relationship
5. getting along	**E.** ask someone to confirm information
6. hold it back	**F.** became clear later that something was true
7. check with	**G.** seemed destined to happen
8. hanging out	**H.** established communication with someone
9. close in age	**I.** an informal exclamation of surprise or disbelief
10. It was meant to be	**J.** stop oneself from saying something

Synonym Match

Match each transcript word (1-10) to its closest contextual synonym (A-J).

Words (1-10)	Synonyms (A-J)
1. unbelievable	**A.** verified
2. tournament	**B.** opposing
3. emotional	**C.** resemblances
4. confirmed	**D.** competition
5. surreal	**E.** spotted
6. similarities	**F.** certainly
7. apparently	**G.** astonishing
8. definitely	**H.** dreamlike
9. opposite	**I.** moving
10. noticed	**J.** seemingly

Use the New Language

Choose five words or expressions and write one original sentence for each.

No.	Your original sentence
1	
2	
3	
4	
5	

Discussion Questions

Use the reunion story to discuss personal experiences and wider ethical questions. You may disagree, but explain your reasoning.

Student A - Personal experience	Student B - Opinions and analysis
1. Have you ever experienced a coincidence that seemed almost impossible?	**1.** Why do people describe remarkable coincidences as fate rather than chance?
2. Have you ever mistaken a stranger for somebody you know?	**2.** How much of our personality comes from genetics, and how much from our upbringing?
3. Where have you made an unexpected new friend - at work, through sport or somewhere else?	**3.** Can an immediate family connection be as strong as a relationship built over many years?
4. What helps you get along with someone you have only just met?	**4.** How should adoption records balance a person's wish to know their origins with others' privacy?
5. How do you usually keep in touch with friends who live far away?	**5.** Should television programmes broadcast emotional reunions, or does that risk exploiting people?
6. Have you ever discovered that you had something surprising in common with another person?	**6.** Can DNA-testing services reunite families without creating unacceptable privacy risks?
7. Do you find it easier to make close friendships with people near your own age? Why?	**7.** Is a family defined mainly by biological ties, shared experiences or personal commitment?
8. Which film or real-life story about an unexpected reunion has stayed with you?	**8.** Could unexpectedly discovering a relative change someone's sense of identity? How?

60-Second Argument Challenge

"Extraordinary coincidences shape our lives more than deliberate decisions." Take a position. Support it with two reasons, acknowledge one counterargument and use at least two phrases from Phrase Match.

Access the Video Transcript

The presenters switch rapidly between British English and the sisters' informal American English. The full edited transcript appears after the answer key on pages 5-6. Read it after listening, not before.

Watch the interview on YouTube and compare with the transcript

Answer Key

Listening Comprehension

1. [0:00-0:34; 1:22-1:51] They met as opponents at a softball tournament. A teammate noticed that Samantha looked like a girl on the other team and asked whether she was adopted.

2. [0:43-1:21] Both had always known they were adopted. Samantha had met her brother when she was about three and knew of Kyann, but did not know anything about her.

3. [1:41-1:59] Samantha learnt that they were born in the same town and that the other girl was younger than her, matching information she already had.

4. [1:59-2:25] She was still playing against Kyann, so she had to finish the game before talking to her mother. Afterwards, the two mothers spoke and confirmed they were sisters.

5. [2:25-3:01] Kyann won the game. She called the discovery a crazy, surreal feeling because she never imagined it would happen that day.

6. [3:17-3:43] They enjoy the same music and have a similar sense of humour. Samantha says they laugh about everything and find it easy to get along.

7. [3:50-4:04] Their brother later met them at another softball tournament, where he was able to watch both sisters play.

8. [4:04-4:23] They text one another frequently. They want to meet again soon, but have not arranged a specific date.

9. [4:47-5:20] Kyann always wanted a sister after growing up with an older brother. Samantha values having someone to confide in who feels both like a sister and a friend.

10. [5:24-5:42] The presenters mention The Parent Trap, joke about 'The Parent Trap 2' and encourage the sisters to watch the film together.

Phrase Match

1=F, 2=I, 3=B, 4=H, 5=D, 6=J, 7=E, 8=C, 9=A, 10=G

Synonym Match

1=G, 2=D, 3=I, 4=A, 5=H, 6=C, 7=J, 8=F, 9=B, 10=E

Example Sentences With the Phrases

No.	Example sentence containing the exact Phrase Match expression
1	It turned out that the woman sitting beside me was an old schoolfriend of my sister.
2	When I heard we had won the competition, I said, "Shut the front door!"
3	Before explaining the disagreement, let me go back in time to how it began.
4	She made contact with a cousin she had never met through a family-history website.
5	The two new colleagues were getting along from their very first day.
6	He wanted to reveal the surprise but managed to hold it back until Friday.
7	I will check with the organiser before confirming our booking.
8	We spent Saturday afternoon hanging out in the park.
9	Although they grew up in different countries, the cousins are close in age.
10	They met by extraordinary chance and felt that it was meant to be.

Teacher note: Accept accurate paraphrases supported by the video. Timestamps are approximate. Discussions and original-sentence tasks are open-ended. The full edited transcript begins on page 5.

Full Video Transcript

This Morning - Long-Lost Sisters Reunited at a Softball Game | approx. 5:56

Edited from the supplied YouTube captions for clarity, punctuation and speaker identification. Natural informal speech is preserved; overlapping or uncertain speakers are labelled rather than guessed.

0:00-0:34 | An incredible coincidence

Presenter: Our next story sounds like, I'm not even joking, a plot out of a Hollywood movie.

Presenter: It's incredible. Nineteen-year-old Samantha Rensvold was adopted as a baby and last year was taking part in a school sports tournament, playing softball, when a teammate noticed she looked a lot like a girl from the opposite team.

Presenter: Yeah, but it wasn't a coincidence. It turned out the other girl, 18-year-old Kyann, was actually Samantha's long-lost sister.

Presenter: I know. Shut the front door!

Presenter: They do look alike, don't they? So, after an emotional reunion, the sisters are joining us now from their homes in Washington and North Dakota. Hey, girls. Good morning.

Sisters: Hi.

0:34-1:22 | Understanding their past

Presenter: Oh, thank you so much for joining us, girls. Oh my God, what an incredible story. Let's go back in time and talk about this, because it's unbelievable. So, Samantha, first of all, you knew that you was adopted. Is that right?

Samantha: Yeah, I knew since I could remember, when I was a baby. I've always known.

Presenter: And what about you, Kyann? You didn't know you was adopted, or you did know?

Kyann: I did know since I was born.

Presenter: Oh, so you both knew you were adopted, which is lovely. But, Samantha, you knew you had siblings elsewhere, right? And then you made contact with a brother.

Samantha: Yes. I knew my brother since - also since I can remember. I think I was three when I met him. But I knew of Kyann; I just didn't know anything about her.

Presenter: Great.

1:22-2:25 | The discovery during the game

Presenter: Lovely. And everything changed at this softball event. So tell us what happened, Samantha, because was it one of your friends who said something about, "There's someone on the other team that looks just like you"?

Samantha: Yeah. So I was playing with Kyann's high-school teammate, and we had been getting along the whole tournament. And she just couldn't hold it back any more. So she was like, "You look like this girl I play high school with. Are you adopted?" And I was like, "Yeah, I'm adopted." And everything just started connecting: we were born in the same town; she was younger than me; and that's some information that I knew.

Samantha: But I just had to keep playing the game against Kyann without being able to confirm. It was the craziest thing ever.

Presenter: And was your mum there?

Samantha: Yeah, my mum was there.

Presenter: So then, did you sort of check with your mum while the game was playing? I mean, this all happened during the game, right?

Samantha: Yeah, it was during the game. I didn't get to talk to my mum till after the game.

Presenter: So your mums spoke to each other, confirmed that you were actually sisters.

2:25-3:17 | Confirming the connection

Presenter: So then you finished the game. Who won, by the way? Was it you, Kyann, or Samantha? Who won?

Kyann: Yeah, it was me.

Presenter: It was you, Kyann! So Kyann won the game. Fantastic. She's very, very happy. You now come off the pitch. You think, "Oh, I'm just going to get ready, go home," and your families tell you that you are sisters. What is that like, Kyann? What does that feeling feel like?

Kyann: It was just such a crazy feeling, because I would never imagine that happening, like, that day. So it was just so surreal.

Presenter: And then I guess, did you start hanging out at the time? Were you living in the same town?

Sisters, overlapping: No, not yet, but we did get together a couple of weekends.

Presenter: OK, that's nice. I know you've got quite a few similarities.

3:17-4:04 | Similarities and their brother

Presenter: Obviously, you both love sport, you love softball. Are there any other similarities at all, Samantha?

Samantha: We listen to the same music, which is kind of funny. And I just think our humour is one of the biggest things. Like, it's so easy to get along with each other because we just kind of laugh at everything. It's always a fun time.

Presenter: You just get it. You just get it with each other. Apparently, you've got the same laugh as well.

Sister: Yes!

Sound: [Laughter]

Presenter: Nice. So, I mean, you've got a brother as well, right, Sam? So now the three of you met up and, like, had dinner?

Samantha: Yeah, we met up at, actually, a softball tournament that both me and Kyann were playing at. So he got to watch both of us.

Presenter: Wow, that's so special for him.

4:04-4:47 | Keeping in touch

Presenter: It's so, so lovely. So, are you on the phone all the time talking to each other? And are you going to meet up soon? Because I know it's about - is it 900 miles between each other?

Sister: Yeah, we definitely text a lot. There's not, like, a set date for us to meet, but I know I definitely want to meet up soon. Yeah.

Presenter: Oh, and is it kind of surreal now? You know, look, you've both got your families and you love your families, but it must be so wonderful to know that you have, you know, your sister and your brother, Kyann, going forward in life.

Presenter: Can you hear us? Either one can answer.

Sound: [Laughter]

4:47-5:24 | Life as sisters

Kyann: Yeah, it's just - yeah, I just love having a sister because I grew up with only one older brother and I've always wanted a sister, so now it's just, like, so great.

Presenter: Oh, nice. That's so lovely. Samantha, what's the best thing about having a sister?

Samantha: Being able to talk to her about anything. Like, if there's something during my day where I'm like, "I need to tell somebody," I'm like, "Oh, I can just tell my sister now." And it's just so fun, especially because we're so close in age that it feels like not only a sister, but like a friend, too.

Presenter: Oh, isn't that lovely? That shorthand that you never even knew you had because you're siblings.

5:24-5:56 | The film comparison and farewell

Presenter: Yeah. What's the film called, that back in the day, where they went camping? Do you remember it? The Parent Trap. Do you remember that? It reminds me of that.

Presenter: The Parent Trap 2! It's going to happen.

Presenter: You need to both watch the story, girls, together. Have you seen that film yet?

Presenter: Yeah, you need to watch it. It's so, so good.

Presenter: Well, listen, congratulations on finding each other, Samantha and Kyann, and to your brother as well, and best wishes, and good luck with college.

Presenter: We're so happy you found each other.

Voices, overlapping: Thank you. It was meant to be. Thank you, guys. Bye. Thank you. Bye.